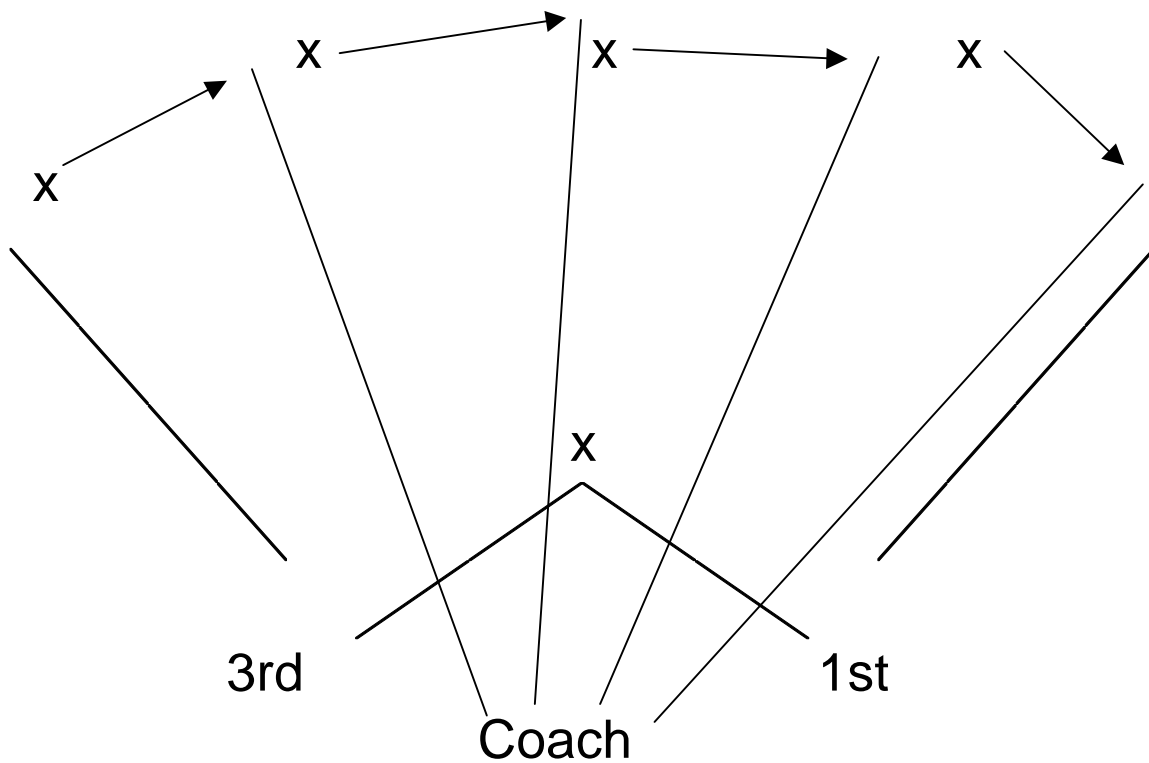


Lat Fly Ball Drill



Outfielder starts on left field line, coach hits ball making outfielder run to ball. OF catches ball and throws into player at 2nd base. Repeat until outfielder is at right field line.